

CHECKLIST for **FADING Methode**

PMU, microblading and BODY tattoo removal

CONSULTATION

1. Explanation of the SKINIAL FADING method with lactic acid

- a. Using a needle as in PMU or tattooing, a weak lactic acid is introduced into the colour-bearing layer of the skin through the FADING method, which leads to the partial rejection of the colour pigments without causing a wound.
- b. The colour partially but leaves the body (natural rejection reaction of the body)

2. Risks and side effects

- a. Pre-existing conditions
- b. Low risk of allergic reactions due to the tattoo colour
- c. UV Risks from solar radiation
- d. A scar risk is not known to us so far
- e. Risk of infection (through dirt infection, e.g., make-up, ...) due to the rapid closure of the puncture channels unlikely
- f. Reddening can occur temporarily but disappears after a short time => Support through SKINIAL SCAR CARE CREAM
- g. Pigment disorders have not yet occurred

3. Advantages of the method and CHANCES

- a. Colours do not always go out all at once but still clearly
- b. No residues are left in the body by the serum
 - i. Paint is repelled to the outside
 - ii. Lactic acid is broken down naturally by metabolism.
- c. Show the customer the visual customer presentation if necessary (pptx document see SERVICE PORTAL)
 - i. Explanation before / after
 - ii. Explanation of possible, slight, preliminary redness

4. Explanation of the procedure

- a. Advantages of this method
 - i. Low number of treatments (compared to laser)
 - ii. Hardly any risks compared to laser (burn scars, toxic substances (benzenes, prussic acid, ...), long-term cancer risks, storage of the colour in kidneys, spleen and lymph)

- iii. Colour leaves the skin slowly but visibly
- b. Why - consent form?
Duty! Tattooing and tattoo removal are assault and battery
- c. Why the medical history sheet?
For your own protection, identification of treatment risks, ...
- d. Afterwards, take a break of about 4-6 weeks before the next treatment (this is a rough guideline - it always depends on the individual case).

TREATMENT

1. Preparation

- a. **workplace** (15 minutes before the customer arrives)
 - i. Disinfect the treatment table thoroughly and put on a fresh cloth.
 - ii. Place all the utensils needed for treatment and aftercare on the treatment table and disinfect them.
 - iii. Preparation for the treatment:
 - 1. Micropigmentation device functional and connected
 - 2. sterile needle and spare needle ready to hand (3 round)
 - 3. Swabs/ troughs ready to hand
 - 4. skin disinfection spray, disinfection wipes are available
 - 5. **SKINIAL serum** bottle ready to hand
 - 6. 2 ink caps ready to hand
 - 7. Ink cap holder stands stable
 - 8. 1 pair of gloves (spare gloves at hand if necessary)
 - iv. Preparation for aftercare
 - 1. Aftercare sheet
 - 2. Place at least one SCARE CARE CREAM bottle in a visible position
- b. **Health check**
 - 1. Determination of the current state of health of the customer
 - a) Ensure that the customer is currently healthy and is not taking strong medication. The customer must also not be drunk or have taken any drugs. Explanation: If the immune system is weakened by illness or drugs, the desired success of a removal cannot be achieved (no rejection). In addition, the customer must not take any blood-thinning medication (e.g., aspirin) 3 days before, as bleeding from wounds can affect the result.
 - b) Ask the customer if he/she has circulatory problems, or problems with the sight of blood, open wounds.
- c. **The customer takes a seat**
The customer sits down on the treatment chair. Make sure that the customer assumes a comfortable and relaxed sitting position, which is good for him and for you to treat.
- d. **Washing the treatment area**
If the treated area is clean or dirty, otherwise clean superficially. Then disinfect the area 2-3 times by spraying the skin disinfection spray **H2O MEDICLEAN** on the skin, let it work for a short time and then wipe it off with a swab.

e. Take a "before" picture

Before each treatment a photo of the area to be treated must be taken, on which the tattoo drawing is very well recognizable. (Macro - setting)

f. Preparation of the customer

- i. The practitioner washes his hands with soap and disinfects them
- ii. The practitioner disinfects and cleans the workplace
- iii. The practitioner puts on the gloves and disinfects them
- iv. Take out the disposable needle
The sterile needle is removed from the packaging and placed on the handpiece of the micropigmentation machine. Now make sure that the needle length is max. approx. 1.0 - 1.3 mm. You can vary the length directly on the handpiece by turning it.
- v. Shake **SKINIAL serum** bottle well before opening.
- vi. Fill ink caps
Align multiple ink caps and fix them in the ink cap holder. Disinfect the ink caps before filling. First fill only one ink cap halfway with the appropriate **SKINIAL serum**. Refill during treatment.
- vii. Disinfect the area to be treated
- viii. Switch the micropigmentation device to frequency 90-120 according to the sensitivity of the treatment area.

2. Treatment

Before the treatment you should have a concept of where you want to start and what area you want to treat.

Make your customer aware that you are starting treatment now. Point out to him/her that a short break in treatment can be inserted at any time if the customer so wishes.

Procedure:

- a. The removal device is started.
- b. The cleaned treatment area is stretched with thumb and index finger.
- c. The needle tip of the removal device is dipped into the colour cap containing the FADING EX Serum.
- d. Then treat one area or both eyebrows from left to right and from top to bottom. Hold the removal device vertically. After 5 - 10 punctures dip the needle into the removal serum again.
- e. You can process each site twice per treatment. Work carefully and make many dots in a small area (up to 50 dots per cm² without spacing) because the more dots, the more colour the skin will repel.
- f. Once sufficient dots have been made, the treatment is complete, and you spray **H₂O MEDICLEAN** again on the treatment areas without wiping them off. You should then take a final photo.

3. Wound care

If the customer wishes, cover the treated area with an air-permeable tray, which you fix at the corners with adhesive tape. This will protect the wound until it is dry, which should be in a few minutes. If dirt gets into the open wound there is a risk of inflammation, which is why the final treatment with **H2O MEDICLEAN** is so important. Attention, protect the treatment area from dirt and UV radiation!

If the customer wants to protect the wound against friction or UV radiation, especially for **BODY** removals, **COVER X** should be applied after the area is dry. Let the product dry for a few minutes. Then you can safely touch the area or apply make-up. Even light friction, dust, UV radiation and splash water do not matter.

AFTER CARE

In addition to genetic predisposition, inadequate aftercare is the most common cause for the appearance of scars. For this reason, we consider aftercare as one of the three central elements of the SKINIAL method.

1. Aftercare explanation after the treatment

- a. After the treatment you must hand over the "customer information" to the customer. It describes our treatment, officially informs about the active ingredient as well as risks and side effects. Together with the information already given in the consultation, this information transfer also has legal significance, as no customer can claim not to have been informed in detail and comprehensively.
- b. It is best to explain to the customer that he will find summary written information about the concept on the first page. However, you should always explain the aftercare page specifically.
- c. **Care instructions:**
 - i. Keep treated area clean and dry.
 - ii. Inflammations are not caused by our treatment, it is almost sterile. They are caused by dirt bacteria and subsequently infections due to lack of cleanliness and hygiene.
 - iii. Protect the treated area from friction. Do not stick a plaster on the spot, rather fix gauze loosely and air-permeably with simple adhesive plaster and change several times if necessary. The wound heals fastest in the air. To protect against friction (clothing), apply **COVER X** if necessary.

2. What to do in case of complications

- a. Stay calm. Speak in a moderate tone and reassure the customer.

- b. If it is an acute danger prevention, then ask the customer about all symptoms, when they occurred and what he did in detail. In case of acute danger, the customer should go to hospital.
- c. Write everything down very carefully, you might need these notes again.
- d. Doctors might ask you what kind of treatment you had. Refer them to us because we have Material Safety Data Sheets for all removal fluids and the **SCAR CARE CREAM** to send to doctors or clinics so they can initiate possible therapies.
- e. Before giving medical advice to customers, remember that you are only giving cosmetic treatment and not healing advice. Only doctors are allowed to do this. In such a case, contact SKINIAL.
- f. If customers try to put you under massive pressure because they are dissatisfied with a treatment, please contact SKINIAL and send all information and photos. Their medical assessment via remote diagnosis often makes customers return to objectivity.

3. Date agreement and adoption

Make an appointment with your customer in about 4-6 weeks for the next treatment.

4. Disposal

All cloths, gauze bandages, swabs, and gloves, etc ... that were used for treatment must be disposed of as hazardous waste. The needle(s) must be disposed of in a separate puncture-proof container. The micropigmentation device and the workplace must be disinfected again, as must the customer's lying surfaces.

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